



GRAND CANYON
UNIVERSITY™

CNL-610 | Clinical Assessment, Diagnosis, and Treatment

Topics & Objectives

COURSE DESCRIPTION

This course provides a conceptual framework for the use of assessment and diagnostic tools for the development of appropriate treatment interventions for a variety of behavioral health and substance use disorders. Included is an introduction to the use of the diagnostic tools, including the DSM, and the integration of diagnostic and assessment information, in the development of treatment plans.

CREDITS

3

PREREQUISITES

None

CO-REQUISITES

None

Topic 1: The Intake Process

Objectives:

- 1.1: Explain the legal and ethical requirements of informed consent compliance. [CACREP 2.F.5.e]
- 1.2: Demonstrate knowledge of state rules and standards for practice.

Topic 2: Client Biopsychosocial History

Objectives:

- 2.1: Assess the biopsychosocial history of a client including the examination of the presenting problem, client history, and prior treatment interventions. [CACREP 2.F.5.h, 5.C.3.a]
- 2.2: Document the procedure for completing a biopsychosocial interview. [CACREP 2.F.5.g]
- 2.3: Analyze a prospective client for treatment suitability while considering the screening process.
- 2.4: Identify all the information necessary for a complete case conceptualization. [CACREP 2.F.5.g]
- 2.5: Illustrate the use of the diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD). [CACREP 2.F.7.1, 5.C.2.d]

Topic 3: Case Conceptualization

Objectives:

- 3.1: Synthesize a theoretical approach for treatment of a client. [CACREP 5.C.2.b, 5.C.3.b]
- 3.2: Explain assessments, including those from the latest version of the DSM, to help with case conceptualization and treatment planning.

Topic 4: Treatment Planning

Objectives:

- 4.1: Develop a treatment plan with goals, objectives, and interventions. [CACREP 2.F.5.j, 5.C.2.b]
- 4.2: Differentiate the concepts of crisis intervention, short-term, and long-term goals. [CACREP 5.C.2.f]

- 4.3: Analyze the importance of client collaboration in creating the treatment plan.
- 4.4: Evaluate the importance of assessing cultural and developmental factors that influence treatment planning. [CACREP 2.F.5.h]
- 4.5: Prioritize client treatment goals based on client safety and symptom severity.

Topic 5: Writing Progress Notes

Objectives:

- 5.1: Write appropriate progress notes for counseling sessions.
- 5.2: Evaluate a progress note.

Topic 6: Risk Assessment

Objectives:

- 6.1: Complete a thorough risk assessment for a client. [CACREP 5.C.2.b]
- 6.2: Describe the procedure for assessing risk of aggression or danger to others, self-inflicted harm, or suicide. [CACREP 2.F.7.c]

Topic 7: Obstacles and Reassessment

Objectives:

- 7.1: Demonstrate the ability for flexibility in changing the treatment plan based on client presentation.
- 7.2: Explain if and how the treatment plan needs to be reevaluated based on changes in the client's circumstances.

Topic 8: Discharge Summary

Objectives:

- 8.1: Evaluate if the client has made progress toward and/or met established treatment goals.

- 8.2: Identify possible areas for improvement or additional services needed including community-based resources. [CACREP 2.F.5.k]

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