



GRAND CANYON
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CNL-644 | Assessment of Mental and Emotional Health Status

Topics & Objectives

COURSE DESCRIPTION

Students in this course are introduced to a variety of testing instruments used to determine a client's emotional or mental status. Assessment procedures are explored within the context of diagnosis and treatment planning. This course focuses on the administration and interpretation of individual and group standardized tests of mental ability, personality, and measurement.

CREDITS

2

PREREQUISITES

None

CO-REQUISITES

None

Topic 1: Introduction to Assessments for Mental and Emotional Status

Objectives:

- 1.1: Describe the usage of a screening as an assessment tool.
- 1.2: Identify the conditions that a professional must meet in order to be legally qualified to administer and/or interpret an assessment.
- 1.3: Describe when and how to administer a mental status exam (MSE).

Topic 2: Assessments for Mental Status

Objectives:

- 2.1: Describe the relationship between mental status assessment results and treatment planning.
- 2.2: Describe the importance of using the Millon Clinical Multiaxial Inventory-IV (MCMI-IV) when assessing mental status.

Topic 3: Assessments for Emotional Status

Objectives:

- 3.1: Describe the relationship between emotional status assessment results and treatment planning.
- 3.2: Describe the importance of using the Minnesota Multiphasic Personality Inventory-2 Restructured Form (MMPI-2-RF) when assessing emotional status.

Topic 4: Technological Advances in Assessments for Mental and Emotional Status

Objectives:

- 4.1: Describe various types of technological assessments and the role of technology in mental and emotional status testing.
- 4.2: Identify the standards for using technology in the counseling setting according to state governing boards and the ACA.
- 4.3: Describe the strengths and challenges of interpreting and reporting results via the use of computer-aided assessment tools.

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