



GRAND CANYON
UNIVERSITY™

CNL-605 | Psychopathology

Topics & Objectives

COURSE DESCRIPTION

This course introduces the study of mental illnesses and the science of psychopathology. The goal is to provide counseling students a conceptual understanding of psychological and behavioral dysfunction that occurs in mental illnesses. The course includes a survey of major psychiatric disorders and their causes. Prerequisite: CNL-610.

CREDITS

3

PREREQUISITES

None

CO-REQUISITES

None

Topic 1: What is Psychopathology?

Objectives:

- 1.1: Distinguish between concepts of assessment and diagnosis.
- 1.2: Analyze one's own belief system regarding psychopathology.

Topic 2: Utilizing the DSM

Objectives:

- 2.1: Evaluate the use of Diagnostic and Statistical Manual for Mental Disorders (DSM) as the foundation of diagnostic formulation.
[CACREP 5.C.2.d]

- 2.2: Identify the DSM diagnostic criteria for substance related and addictive disorders.

Topic 2: Basic Counseling Skills and Therapeutic Assessment Interviewing

Objectives:

- 2.1: Demonstrate effective communication of information about the counseling process including the therapeutic assessment interviewing process.
- 2.2: Demonstrate examples of active listening responses.

Topic 3: Developmental Psychopathology

Objectives:

- 3.1: Distinguish between issues associated with typical childhood development as opposed to developmental psychopathology.
- 3.2: Analyze and critique trends in childhood diagnosis.
- 3.3: Utilize the Diagnostic and Statistical Manual of Mental Disorders (DSM) as a diagnostic tool.

Topic 4: Depressive Disorders and Bipolar Disorders

Objectives:

- 4.1: Differentiate between the different depressive disorders to understand how they are assessed, diagnosed, and treated.
- 4.1: Differentiate between the different depressive disorders in order to understand how they are assessed, diagnosed, and treated.
- 4.2: Differentiate between the different bipolar and related disorders in order to understand how they are assessed, diagnosed, and treated.

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Topic 5: Schizophrenia Spectrum and Other Psychotic Disorders

Objectives:

- 5.1: Assess symptoms to diagnose a schizophrenia spectrum disorder or other psychotic disorders. [CACREP 2.F.7.e]

Topic 6: Information Gathering, Anxiety, Obsessive-Compulsive, Trauma, and Stressor Related Disorders

Objectives:

- 6.1: Evaluate information gathered during the assessment process to ascertain the dominant pathological processes. [CACREP 5.C.1.c, 5.C.2.d, 5.C.3.a, 5.C.3.b]
- 6.1: Evaluate information gathered during the assessment process to ascertain the dominant pathological processes. [CACREP 5.C.1.c., 5.C.2.d, 5.C.3.a., 5.C.3.b]
- 6.2: Identify diagnostic criteria for anxiety disorders. [CACREP 5.C.2.d]
- 6.3: Identify diagnostic criteria for obsessive-compulsive and related disorders.
- 6.4: Identify diagnostic criteria for trauma and stressor related disorders.
- 6.5: Demonstrate effective communication of information about the counseling process including the therapeutic assessment interviewing process.
- 6.6: Demonstrate examples of active listening responses.

Topic 7: Personality Disorders***Objectives:***

- 7.1: Distinguish between personality disorders from the other categories of psychological disorders.
- 7.2: Differentiate between the three clusters of personality disorders.

Topic 8: Substance-Related and Addictive Disorders***Objectives:***

- 8.1: Identify the DSM diagnostic criteria for Substance-related and Addictive Disorders.
- 8.2: Identify significant alcohol and opiate withdrawal symptoms using the current version of the DSM.
- 8.3: Using the current version of the DSM, differentiate between the symptoms of intoxication versus the symptoms of withdrawal as they relate to stimulants and opioids.

Topic 8: Disorders of Identity***Objectives:***

- 8.1: Analyze the etiology, assessment, diagnosis, and treatment of eating disorders and gender-related diagnoses.

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