

Counseling Practicum

CNL-624

2 Credits

Aug 14 - Nov 5

Course Description

The practicum course is a distinctly defined, supervised clinical fieldwork experience in which the student develops basic counseling skills and integrates professional knowledge under the supervision of a faculty member or an on-site clinical site supervisor approved by the college or university with a minimum of 1 hour per week of individualized and/or triadic supervision throughout the practicum. Practicum students participate in an average of 1 ½ hours per week of group supervision via Zoom with a counseling faculty member or student supervisor who is under the supervision of a counselor education program faculty member on a regular schedule throughout the practicum. Documentation of a minimum requirement of 100 hours of counseling-related activities, which includes 40 direct client contact hours, is submitted electronically for verification and tracking. The practicum is completed prior to the internship; therefore, students may not progress to CNL-664A without the required amount of hours submitted, the required amount of individual and group supervision, and proper approval. This course has multiple synchronous required activities. Students must be prepared to be flexible in meeting the demands of this course in order to progress to the internship. Practicum/field experience hours: 100. State licensure requirements may mandate additional hours. Students must review and adhere to their state board's additional requirements. Prerequisite: Completion of all didactic coursework in the program; a GPA of 3.0 or better; and maintenance of student professional liability insurance in the amount of \$1 million, \$3 million.

Instructor Contact Information

Sharon Silverberg

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Class Resources

Theory and Treatment Planning in Counseling and Psychotherapy (REQUIRED)

Gehart, D. R. (2016). *Theory and treatment planning in counseling and psychotherapy* (2nd ed.). Cengage. ISBN-13: 9781305089617

CMHC and SC Counselor in Training Handbook (REQUIRED)

Review the "CMHC and SC Counselor in Training Handbook" on the CMHC and SC Forms, Handbook, and Resources tab located on the Student Success Center for the College of Humanities and Social Sciences. Become acquainted with the expectations and program requirements to complete a successful program of study.

<https://ssc.gcu.edu/#/page/chss/>

CHSS Christian Worldview Integration (REQUIRED)

Grand Canyon University is a Christian institution committed to service and engagement in the way of Jesus through intentional Christian community. The College of Humanities and Social Sciences focuses on developing purposeful, globally minded individuals who exemplify Christ's love and compassion. Through our rigorous academic programs, we equip our students with the necessary tools to engage in meaningful dialogue with all humanity and make a positive impact on the world. "The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart." (1 Samuel 16:7 NIV)

CACREP Standards Mapping of Learning Objectives (REQUIRED)

The course objectives are informed by the identified 2016 CACREP standards. Where applicable, objectives

clearly identify the standards addressed. Review the "CNL-624 CACREP Standards Mapping" document to see which specific CACREP standards are mapped to the course.

CNL-624-RS-CACREPStandardsMapping.docx

Disability Accommodation Policy and Procedures Statement (REQUIRED)

Grand Canyon University (GCU) seeks to serve all students equally. This plan is established to provide all students with equal access to GCU's programs, systems, and facilities. To receive accommodations through the University, students are required to complete the Accommodation Request Form and provide supporting documentation to Student Disability Services. **Note:** GCU cannot provide accommodations that are not requested. Review the Student Disability Services section of the University Policy Handbook, located on the GCU website, for specific information regarding the policy and procedures.

Methods of Instruction (REQUIRED)

The methods of instruction for this course may include, but are not limited to, lectures, small and large group discussions, guest speakers, individual assignments, group assignments, discussion questions, readings, videos, and online instruction.

Student Performance Evaluation Criteria and Procedures (REQUIRED)

For specific information on the grading policies and procedures, please see the most current University Policy Handbook (UPH) located on the Academic Catalog and Policies page.

<https://www.gcu.edu/academics/academic-policies.php>

Graduate Field Experience Manual (REQUIRED)

Review the Graduate Field Experience Manual on the CMHC and SC Practicum/Internship Resources tab located on the Student Success Center for the College of Humanities and Social Sciences.

<https://ssc.gcu.edu/#/page/chss/>

Counseling Informed Consent Forms (REQUIRED)

Every time you are recording a client session to meet a course requirement, an informed consent form must be completed prior to the recording. If the client is a minor, a child assent and parent consent form must be signed. Check with your state laws and regulations regarding informed consent to ensure the correct form is completed. Informed consent forms should be saved/stored according to professional ethical mandates and the agency/site policies. Signed copies should not be uploaded to the digital classroom. To find the consent forms, visit the CMHC and SC Forms, Handbook, and Resources tab located on the Student Success Center for the College of Humanities and Social Sciences.

<https://ssc.gcu.edu/#/page/chss/>

Zoom Access (REQUIRED)

As directed by your instructor, access Zoom to complete your course assignments. For licensed accounts, Zoom can be accessed by clicking on the link below. When initially setting up your Zoom account, be sure to use your **GCU email address**.

<https://my-gcu-edu.zoom.us/>

GCU Zoom Resources - Counseling and Social Work (REQUIRED)

To set up a licensed Zoom account to use during your counseling or social work courses while you are a GCU student, review the "GCU Zoom Resources-Counseling and Social Work" document found on the "Additional

College Resources" tab on the GCU College of Humanities and Social Sciences website. Note: Use your GCU student email when accessing your licensed Zoom account.

<https://ssc.gcu.edu/#/page/chss/>

Additional Counseling Requirements (REQUIRED)

The information below is applicable to all students enrolled in any Counseling program at Grand Canyon University.

Required Program Materials: *DSM* and *ICD*

Diagnostic and Statistical Manual of Mental Disorders (DSM)

Students of GCU's Counseling programs are required to possess a copy of the current version of the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders (DSM)*. The manual will be used throughout your program. The *DSM* will be used from course to course, so students who already own the current edition of the manual need not purchase another. Once purchased, students should keep the manual for all subsequent classes while attending GCU and for reference after graduation.

International Classification of Diseases

Students are required to familiarize themselves with the current version of the *International Classification of Diseases (ICD)* reference on the World Health Organization website.

Syllabus and Textbook Access

Many states require syllabi for licensure. If you are required to provide syllabi, contact your Student Service Counselor (SSC) to request official copies. Textbooks delivered via BibliU are accessible through the BibliU library upon first access to the digital classroom. It is recommended you download the BibliU app to access your textbooks. If a textbook is not delivered through BibliU, make sure to save the e-book to your computer as a PDF file. If you have trouble saving the e-book, contact GCU Technical Support.

Recommended Program Material:

Publication Manual of the American Psychological Association

GCU has made APA templates and other resources available within the Student Success Center. However, be aware that a more complete APA manual can be purchased at your own expense. To order the APA manual, please visit the American Psychological Association website.

CNL-624 Practicum Terminology (REQUIRED)

Throughout your practicum experience, you will see and hear various terms related to the course and the counseling profession. Please review the "Practicum Terminology" document at the beginning of your course

and refer to it as needed throughout your practicum course.

CNL-624-RS-PracticumTerminology.docx

Practicum Note (REQUIRED)

Having been introduced to basic counseling skills and theory throughout the program, this course aims to help you apply and integrate these elements. These skills encompass the attitudes and abilities needed to establish and maintain facilitative counselor-client relationships, encouraging client self-exploration, self-understanding, and change. This course provides your first chance to work with clients under faculty and clinical site supervision. You will also examine your intrapersonal and interpersonal styles while adhering to the ACA Code of Ethics and GCU Counseling Dispositions.

Contact Hours Requirement (REQUIRED)

Counselors in Training Professional Development and Practice Counselors in training are required to maintain active membership in the American Counseling Association.

Counselors in training are expected to adhere to the GCU Counseling Dispositions and the ACA Code of Ethics.

Counselors in training are required to dress professionally and appropriately for all sessions and clinical activities, maintaining a standard that reflects the respect and responsibility of the counseling profession.

You are advised to build rapport and maintain a professional therapeutic relationship for all sessions. Treat clients' privileged information with respect. Interns may discuss or consult with one another about clients, but this is NOT a substitute for supervision. Discussing a challenge with a peer does not replace the need to address it in supervision.

Confidentiality prevails. Do not discuss clients, fellow students, or any other confidential information outside of the professional or educational setting. When discussing clients or meeting with clients, it is the counselor-in-training's responsibility to ensure a private setting. If clients need additional support or present concerns beyond your scope of practice or training, you must consult with your clinical site supervisor (CSS) to facilitate appropriate interventions and/or referrals. If a client mentions or suggests suicidal or homicidal thoughts, abuse, or neglect, it is imperative to notify your CSS immediately. You are mandated reporters. Additional consultation and supervision are available from your faculty supervisor as needed. **Additional Guidelines for Sessions and Recordings With Clients** Individual sessions/recordings should be 45–50 minutes, except for children's sessions, which typically range from 30 to 45 minutes. Individual sessions should not exceed 60 minutes. If a crisis occurs, contact a supervisor. This would be the only reason for a session running long. Sessions need to be audible; be sure to test your equipment!

Do not stop recording mid-session because you feel uncomfortable. When a client becomes uncomfortable with the recording of a session, it is important to respond with sensitivity and professionalism.

When requesting feedback from the client, ensure it is done in a manner that fosters trust, supports professional growth, and enhances the therapeutic process, without placing undue pressure on the client. Additionally, consult with your CSS and/or your faculty supervisor for guidance on how to effectively incorporate client feedback into your development.

Individual or Triadic Supervision Each week, you are also required to attend a minimum of one hour of individual or triadic supervision with your clinical site supervisor. You are expected to come to the supervision meetings prepared as defined by the clinical site supervisor.

Guidelines About Supervision Try to record as many sessions as possible while at your internship site; you will need to have a minimum of two recorded sessions. You should have recordings to present at every supervision meeting. Not having a recording is NOT a reason to miss supervision.

Be prepared to discuss your client's presenting problems, any countertransference you may be experiencing, your skills, your theory, and your areas of strength and weakness. Be prepared to receive feedback from your supervisor, as this feedback is intended to help improve your counseling skills. Counselors in training are expected to be respectful, receptive, and mindful of feedback provided by their triadic supervisor and incorporate feedback into future sessions. Please be open to this feedback. Openness is demonstrated by a willingness to acknowledge that you do not know everything and that there are several ways to respond to clients. Your clinical site supervisor will help you determine the response that will facilitate growth for your client.

Your growth and development as a counselor-in-training will be assessed throughout the internship, with your CSS conducting formative and summative evaluations, and your faculty supervisor providing a summative evaluation of your growth and development in knowledge, skills, and dispositions.

APA Formatting Tutorial (REQUIRED)

Review the APA Formatting Tutorial for formatting assistance.

<https://ssc.gcu.edu/#/media-element/1FF26538-38D0-EA11-910D-005056BDE9D6>

Skills Video Best Practices: Online (REQUIRED)

CNL-624-RS-SkillsVideoBestPractices-Online.docx

Participation (REQUIRED)

For SC and CMHC practicum and internship courses, participation is based on the counselor in training's weekly active engagement during of the 1.5 hour Zoom group supervision meetings.

Participation grades will be based on the counselor in training's promptness and on their active engagement throughout each session. Consequently, counselors in training are not required to respond to peers on the discussion forum for the purposes of participation; however, students must still complete an initial response to the weekly DQ prompt for a separate grade.

CMHC Counselor Dispositions (REQUIRED)

Students in the Clinical Mental Health Counseling (CMHC) programs should refer to the "Counselor Dispositions" document located on the Clinical Mental Health Counseling (CMHC) tab located on the Student Success Center for the College of Humanities and Social Sciences.

<https://ssc.gcu.edu/#/page/chss/>

Adding Lopes Activity Tracker to the Student Portal (REQUIRED)

Document the locations and hours you spend in the field through the Lopes Activity Tracker. Keep a copy for your records and submit the form to the digital classroom by the end of the course. For assistance in adding the Lopes Activity Tracker to your Student Portal, review the "Adding Lopes Activity Tracker to the Student

Portal" document located on the Additional College Resources tab on the College of Humanities and Social Sciences website.

<https://ssc.gcu.edu/#/page/chss/>

GCU Technical Support: Lopes Activity Tracker (REQUIRED)

For assistance using Lopes Activity Tracker to compile your clinical experiences required by your program, review the Lopes Activity Tracker webpage on the GCU Technical Support website.

<https://support.gcu.edu/hc/en-us/articles/360036640353-Lopes-Activity-Tracker>

Clinical Mental Health Counseling e-Portfolio Requirements (REQUIRED)

The educational e-Portfolio is a programmatic requirement in the CMHC and SC programs, serving as a tool for documenting professional and counselor identity development. While CITs work on specific e-Portfolio components throughout their programs, a more targeted focus occurs during the practicum and internships. The e-Portfolio is finalized and submitted during the concluding internships. It is essential for CITs to collect and preserve all related assignments and instructor feedback. Ensuring the accessibility of these documents is essential, and CITs should store them securely in multiple locations, including their GCU OneDrive throughout their programs. For additional support, a variety of resources, such as e-Portfolio guidelines, artifact lists, and KPI videos are available in your courses and may also be accessed at the Counseling Community Connections (CCC) resource center under the programmatic e-Portfolio tabs at <https://cce.gcu.edu>. From the Home Page, click on the Counseling programs drop down menu and click on the Clinical Mental Health Counseling tab. Sign into the Clinical Mental Health Counseling page and you will click on the e-Portfolio tab at the top of the page to find the related e-Portfolio documents.

<https://cce.gcu.edu>

Lopes Write (REQUIRED)

Refer to the LopesWrite webpage for guidance regarding assignments requiring submission to LopesWrite.

<https://support.gcu.edu/hc/en-us/articles/201277380-LopesWrite>

GCU Writing Center (REQUIRED)

Refer to the Writing Resources located on GCU's Student Success Center website for additional guidance on completing assignments in the appropriate style and academic level.

<https://www.gcumedia.com/lms-resources/student-success-center/v3.1/#/tools/writing-center>

GCU Library's Academic Writing (REQUIRED)

Refer to the GCU Library's Academic Writing resources on the Academic Writing and Study Skills website to find writing resources and tutorials.

<https://libguides.gcu.edu/writing/WritingTutorials>

GCU Library Evaluating Sources: Scholarly Sources (REQUIRED)

Review the GCU Library Evaluating Sources: Scholarly Sources and read "Defining Scholarly Resources." You are required to support the information provided in your assignments using scholarly sources.

<http://libguides.gcu.edu/EvaluatingSources>

CMHC Practicum and Internship Orientation Video (REQUIRED)

Watch the "CMHC Practicum and Internship Orientation" video on the CMHC and SC Practicum/Internship Resources tab located on the Student Success Center for the College of Humanities and Social Sciences.

<https://ssc.gcu.edu/#/page/chss/>

Student Guide to Individual Student Assessment - KPIs Video (REQUIRED)

To understand individual student assessments and Key Performance Indicators (KPIs), view the Student Guide video.

<https://ssc.gcu.edu/#/media-element/c2b46d96-ff50-ef11-9199-005056bd1429>

Topic 1: Competency in Counseling

Aug 14, 2025 - Sep 3, 2025 Max Points: 250

Objectives:

1. Explain the relationship between theory and practice. [CACREP 2.F.5.c]
2. Analyze the relationship between laws and ethics and the competent practice of counseling. [CACREP 2.F.1.i]
3. Explain how a counselor's personal characteristics impact their clients. [CACREP 2.F.1.k]
4. Explore the use of technology within the counseling profession. [CACREP 2.F.5.e]

Resources

Substance Abuse and Mental Health Services Administration (REQUIRED)

Explore the Substance Abuse and Mental Health Services Administration website. In particular, familiarize yourself with the clinical resources and latest substance abuse treatment research.

<http://www.samhsa.gov/>

American Counseling Association (REQUIRED)

Explore the American Counseling Association website. In particular, familiarize yourself with the professional counselor code of ethics.

<http://www.counseling.org/>

Theory and Treatment Planning in Counseling and Psychotherapy (REQUIRED)

Read Chapter 1 in *Theory and Treatment Planning in Counseling and Psychotherapy*.

National Board for Certified Counselors (REQUIRED)

Explore the National Board for Certified Counselors (NBCC) website. In particular, familiarize yourself with the licensing requirements for professional counselors in your state and the resources offered to professional counselors for addictions credentialing.

<http://www.nbcc.org/>

Counseling Informed Consent Forms (REQUIRED)

Every time you are recording a client session to meet a course requirement, an informed consent form must be completed prior to the recording. If the client is a minor, a child assent and parent consent form must be signed. Check with your state laws and regulations regarding informed consent to ensure the correct form is completed. Informed consent forms should be saved/stored according to professional ethical mandates and the agency/site policies. Signed copies should not be uploaded to the digital classroom. To find the consent forms, visit the CMHC and SC Forms, Handbook, and Resources tab located on the Student Success Center for the College of Humanities and Social Sciences.

Best Practices in Delivering Virtual Counseling (REQUIRED)

Review the "Best Practices in Delivering Virtual Counseling," PowerPoint Presentation, from Mental Health Services Oversight and Accountability Commission (2020).

<https://mhsoac.ca.gov/sites/default/files/2020-05/>

Best%20practices%20in%20delivering%20virtual%20counseling_vshared.pdf

Assessments

Summary of Current Course Content Knowledge

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 14, 2025, 11:59 PM	0

Assessment Description

Academic engagement through active participation in instructional activities related to the course objectives is paramount to your success in this course and future courses. Through interaction with your instructor and classmates, you will explore the course material and be provided with the best opportunity for objective and competency mastery. To begin this class, review the course objectives for each Topic, and then answer the following questions as this will help guide your instructor for course instruction.

1. Which weekly objectives do you have prior knowledge of and to what extent?
2. Which weekly objectives do you have no prior knowledge of?
3. What course-related topics would you like to discuss with your instructor and classmates? What questions or concerns do you have about this course?

Class Introductions

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 16, 2025, 11:59 PM	0

Assessment Description

Take a moment to explore your new classroom and introduce yourself to your fellow classmates. What are you excited about learning? What do you think will be most challenging?

Week 1 DQ 1 (Obj. 1.2)

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 18, 2025, 11:59 PM	5

Assessment Description

Describe the importance of the informed consent process, as well as confidentiality and the limits thereof. In considering the population you serve at your site, are there any relevant exceptions to confidentiality? How do you plan to handle these exceptions to confidentiality with your clients? Relate your response to the ethical

standards of the profession. Counselors-in-training **are not required to respond to peers on the discussion forum for the purpose of participation; however, you must still complete an initial response to the weekly DQ prompt for a separate grade.** *This discussion question is informed by the following CACREP Standard: 2.F.1.i. Ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.*

Agency Profile Worksheet

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 20, 2025, 11:59 PM	65

Assessment Description

This assignment helps counselors in training gain a comprehensive understanding of their internship sites by documenting the mission, populations served, organizational structure, and client services. Use the attached "Agency Profile Worksheet" to submit your findings. APA Style is not required, but solid academic writing is expected. This assignment uses a rubric. Please review the scoring guide prior to beginning the assignment to become familiar with the expectations for successful completion. You are not required to submit this assignment to LopesWrite.

Attachments

CNL-624-RS-T1-AgencyProfileWorksheet.docx

CNL-624 Hour Count Requirement Acknowledgement

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 20, 2025, 11:59 PM	10

Assessment Description

The Hour Count Requirement Acknowledgement Form outlines the practicum hours that are required for successful completion of CNL-624.

Electronically sign and date the "Hour Count Requirement Acknowledgement Form."

You are not required to submit this assignment to LopesWrite.

Attachments

CNL-624-RS-T1-HourRequirementAcknowledgement.docx

CNL-624 Learning Contract

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 20, 2025, 11:59 PM	10

Assessment Description

The Learning Contract is an agreement that identifies individualized learning goals of the student in target areas for acquiring new knowledge and skill and where classroom-acquired knowledge and skill needs to be translated into the real clinical setting.

- Electronically sign and date the "Learning Contract."

You are not required to submit this assignment to LopesWrite.

Attachments

CNL-624-RS-T1-LearningContract-Student.docx

Week 1: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 20, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 1: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 20, 2025, 11:59 PM	5

Assessment Description

Each week, you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Informed Consent Acknowledgement

Start Date & Time	Due Date & Time	Points	Time Limit
Aug 14, 2025, 12:00 AM	Aug 20, 2025, 11:59 PM	25	5 hrs

Assessment Description

Complete the Informed Consent Acknowledgement.

Week 1 Participation

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Aug 20, 2025, 11:59 PM	10

Week 2 DQ 1 (Obj. 1.1)

Start Date & Time	Due Date & Time	Points
Aug 21, 2025, 12:00 AM	Aug 25, 2025, 11:59 PM	5

Assessment Description

How do you believe counselors integrate counseling theories into their work? What roles do cultural and developmental considerations play in the integration of counseling theory into treatment/intervention plans? *This discussion question is informed by the following CACREP Standard:2.F.5.c. Theories, models, and strategies for understanding and practicing consultation.*

Week 2: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Aug 21, 2025, 12:00 AM	Aug 27, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 2: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Aug 21, 2025, 12:00 AM	Aug 27, 2025, 11:59 PM	5

Assessment Description

Each week, you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time. *This assignment is informed by the following CACREP Standard:2.F.1.m. The role of counseling supervision in the profession.*

Week 2 Participation

Start Date & Time	Due Date & Time	Points
Aug 21, 2025, 12:00 AM	Aug 27, 2025, 11:59 PM	10

Week 3 DQ 1 (Obj. 1.2 and 1.4)

Start Date & Time	Due Date & Time	Points
Aug 28, 2025, 12:00 AM	Sep 1, 2025, 11:59 PM	5

Assessment Description

How can artificial intelligence (AI) be integrated into counseling services, and what are the potential benefits and challenges? Should AI be used in counseling, and if so, what considerations should be in place to ensure ethical and legal compliance? This discussion question is informed by the following CACREP Standard:2.F.1.i. Ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.2.F.5.e. The impact of technology on the counseling process.

Counselor Disposition Worksheet (Obj. 1.3)

Start Date & Time	Due Date & Time	Points
Aug 14, 2025, 12:00 AM	Sep 3, 2025, 11:59 PM	65

Assessment Description

In this assignment, you will engage in a reflective evaluation of your counselor disposition by ranking your strengths in various personal characteristics essential for effective counseling, such as empathy, flexibility, and cultural diversity. Use the attached "Counselor Disposition Worksheet" to identify areas for growth and strategize practical steps to enhance your abilities during your practicum, while also exploring how a specific characteristic impacts your future interactions with clients. Refer to the Counseling Community Connections (CCC) resource center for assistance.

APA Style is not required, but solid academic writing is expected.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

You are not required to submit this assignment to LopesWrite.

This assignment is informed by the following CACREP Standard:2.F.1.k. Strategies for personal and professional self-evaluation and implications for practice.

Attachments

CNL-624-RS-T1-CounselorDispositionWorksheet.docx

Week 3: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Aug 28, 2025, 12:00 AM	Sep 3, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 3: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Aug 28, 2025, 12:00 AM	Sep 3, 2025, 11:59 PM	5

Assessment Description

Each week, you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time. *This assignment is informed by the following CACREP Standard: 2.F.1.m. The role of counseling supervision in the profession.*

Week 3 Participation

Start Date & Time	Due Date & Time	Points
Aug 28, 2025, 12:00 AM	Sep 3, 2025, 11:59 PM	10

Topic 2: Treatment Planning

Sep 4, 2025 - Sep 17, 2025 Max Points: 100

Objectives:

1. Explain the relationship between counseling approaches and client goals. [CACREP 2.F.5.h]
2. Assess counseling as a systematic process. [CACREP 2.F.5.h]
3. Explain the basic approaches to developing treatment plans. [CACREP 2.F.5.h]

Resources

Enhancing the Responsiveness of Family-Based CBT Through Culturally Informed Case Conceptualization and Treatment Planning (REQUIRED)

Read "Enhancing the Responsiveness of Family-Based CBT Through Culturally Informed Case Conceptualization and Treatment Planning," by Sanchez et al., from *Cognitive and Behavioral Practice* (2022).

<https://www-sciencedirect-com.lopes.idm.oclc.org/science/article/pii/S1077722921000559?via%3Dihub>

Theory and Treatment Planning in Counseling and Psychotherapy (REQUIRED)

Read Chapter 2 in *Theory and Treatment Planning in Counseling and Psychotherapy*.

Assessments

Week 4 DQ 1 (Obj. 2.1)

Start Date & Time	Due Date & Time	Points
Sep 4, 2025, 12:00 AM	Sep 8, 2025, 11:59 PM	5

Assessment Description

How do clients presenting issues affect your treatment approach? Can you apply one approach to most client issues? Why or why not?

This discussion question is informed by the following CACREP Standard:

2.F.5.h. Developmentally relevant counseling treatment or intervention plans.

CNL-624 e-Portfolio Template

Start Date & Time	Due Date & Time	Points
Sep 4, 2025, 12:00 AM	Sep 10, 2025, 11:59 PM	50

Assessment Description

You are encouraged to develop your e-Portfolio template early in your program; however, if you have not previously created the e-Portfolio template, you will need to build the template in this assignment. Use the "CMHC e-Portfolio Outline" document to guide you. Include the following three components:

- Landing or Home Page
- Professional Development Page
- Counselor Identity Development Page

Using the "CMHC e-Portfolio Link Submission" document, submit the link to your e-Portfolio template. At this time, only the basic components of your template are due; however, you will continue to build your e-Portfolio throughout your practicum and internships.

For additional support, a variety of resources and examples may also be accessed at the Counseling Community Connections (CCC) resource center.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

You are not required to submit this assignment to LopesWrite.

Attachments

CNL-624-RS-T2-CMHCe-PortfolioOutline.docx

CNL-RS-e-PortfolioLinkSubmission.docx

Week 4: Lopes Activity Tracker Hours Verification Form (Individual and Group)

Start Date & Time	Due Date & Time	Points
Sep 4, 2025, 12:00 AM	Sep 10, 2025, 11:59 PM	5

Assessment Description

Complete your Lopes Activity Tracker Weekly Hours.

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.

3. Make sure all hours are accurate. Once your clinical site supervisor checks and “signs off” on your hours, modifications can only be made with the agreements of the clinical site supervisor and the Office of Field Experience.
4. Complete and submit the Week 4 Hours Verification Form.

Note: If you have any complications or questions about your account, please locate and contact your specialist using the resources on the College of Humanities and Social Sciences webpage of the Student Success Center. To graduate from the program, students must complete a specific number of practicum hours. Students must also log regular group supervision, with an average of 1½ hours of supervision per week. Weekly group supervision is required. It is required that students plan on achieving 300 hours in each required practicum course in order to complete the total required practicum hours within the appropriate time frame. Practicum hours will be recorded through the web-based Lopes Activity Tracker application. Students are responsible for recording hours in Lopes Activity Tracker weekly, as well as verifying the hours with an hour verification form that is submitted to the instructor during Weeks 4, 8, and 12. **Note:** *The data entered into this document is subject to a verification audit. Counseling interns who engage in fabricating, falsifying, forging, altering, or inventing information related to practicum/field experiences, practicums, clinical practice, and/or any associated documentation may be subject to sanctions for violating GCU academic integrity policies, which may include expulsion from GCU. This assignment is informed by the following CACREP Standard: 2.F.1.m. The role of counseling supervision in the profession.*

Attachments

CNL-624-RS-T2-Week4HoursVerificationForm.docx

Week 4: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Sep 4, 2025, 12:00 AM	Sep 10, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time. *This assignment is informed by the following CACREP Standard: 2.F.1.m. The role of counseling supervision in the profession.*

Week 4 Participation

Start Date & Time	Due Date & Time	Points
Sep 4, 2025, 12:00 AM	Sep 10, 2025, 11:59 PM	10

Week 5 DQ 1 (Obj. 2.2 and 2.3)

Start Date & Time	Due Date & Time	Points
Sep 11, 2025, 12:00 AM	Sep 15, 2025, 11:59 PM	5

Assessment Description

Describe the steps needed to develop a systematic treatment plan for a client.

This discussion question is informed by the following CACREP Standard:

2.F.5.h. Developmentally relevant counseling treatment or intervention plans.

Week 5: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Sep 11, 2025, 12:00 AM	Sep 17, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 5: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Sep 11, 2025, 12:00 AM	Sep 17, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time. *This assignment is informed by the following CACREP Standard: 2.F.1.m. The role of counseling supervision in the profession.*

Week 5 Participation

Start Date & Time	Due Date & Time	Points
Sep 11, 2025, 12:00 AM	Sep 17, 2025, 11:59 PM	10

Topic 3: Person-Centered Therapy, Psychotherapy, and Solution-Based Approaches

Sep 18, 2025 - Oct 8, 2025 Max Points: 145

Objectives:

1. Analyze the conceptual underpinnings of person-centered therapy.
2. Describe the concepts of solution-focused approaches.

Resources

The Global Outcomes of Solution-Focused Brief Therapy: A Revision (REQUIRED)

Read "The Global Outcomes of Solution-Focused Brief Therapy: A Revision," by Neipp and Beyebach, from

American Journal of Family Therapy (2024).

<https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=a9h&AN=175034649&site=eds-live&scope=site&custid=s8333196&groupid=main&profile=eds1>

The Value of Using Emotions in Solution Focused Brief Therapy (REQUIRED)

Read "The Value of Using Emotions in Solution Focused Brief Therapy," by Walker et al., from *Journal of Marital and Family Therapy* (2022).

<https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=edsbl&AN=vdc.100156096991.0x000001&site=eds-live&scope=site&custid=s8333196&groupid=main&profile=eds1>

Theory and Treatment Planning in Counseling and Psychotherapy (REQUIRED)

Read Chapters 6 and 12 in *Theory and Treatment Planning in Counseling and Psychotherapy*.

Assessments

Week 6 DQ 1 (Obj. 3.1)

Start Date & Time	Due Date & Time	Points
Sep 18, 2025, 12:00 AM	Sep 22, 2025, 11:59 PM	5

Assessment Description

Besides the core conditions, which of the other person-centered techniques are you likely to integrate into your counseling? Provide at least one example of how you plan to do this in your response.

Clinical Site Supervisor's Evaluation of Counselor-in-Training (CIT) (Formative)

Start Date & Time	Due Date & Time	Points
Sep 18, 2025, 12:00 AM	Sep 24, 2025, 11:59 PM	5

Assessment Description

1. Your clinical site supervisor will complete the CMHC Supervisor Instructor Evaluation Form in Lopes Activity Tracker.
2. The student will upload a copy of the completed and signed evaluation form to the classroom.

This assignment is informed by the following CACREP Standard:

3.C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.

Week 6: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Sep 18, 2025, 12:00 AM	Sep 24, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 6: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Sep 18, 2025, 12:00 AM	Sep 24, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Week 6 Participation

Start Date & Time	Due Date & Time	Points
Sep 18, 2025, 12:00 AM	Sep 24, 2025, 11:59 PM	10

Week 7 DQ 1 (Obj. 3.2)

Start Date & Time	Due Date & Time	Points
Sep 25, 2025, 12:00 AM	Sep 29, 2025, 11:59 PM	5

Assessment Description

What is the basic philosophy behind the solution-focused approach? Do you feel this approach is effective? Why or why not?

Week 7: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Sep 25, 2025, 12:00 AM	Oct 1, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 7: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Sep 25, 2025, 12:00 AM	Oct 1, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Week 7 Participation

Start Date & Time	Due Date & Time	Points
Sep 25, 2025, 12:00 AM	Oct 1, 2025, 11:59 PM	10

Week 8 DQ 1 (Obj. 3.1)

Start Date & Time	Due Date & Time	Points
Oct 2, 2025, 12:00 AM	Oct 6, 2025, 11:59 PM	5

Assessment Description

Unconditional positive regard is a foundation of the person-centered process. How does unconditional positive regard contribute to client growth? As a counselor-in-training, how do you work to exhibit unconditional positive regard to your clients?

Case Presentation: Group Supervision and Feedback (Obj. 2.3, 5.1, 5.2, and 5.3)

Start Date & Time	Due Date & Time	Points
Sep 18, 2025, 12:00 AM	Oct 8, 2025, 11:59 PM	65

Assessment Traits

 Requires LopesWrite

Assessment Description

In this assignment, you will be completing a Biopsychosocial Assessment in preparation for presenting in your group supervision on your assigned day. To prepare for the case presentation do the following:

1. Select a client that you have been working with at your practicum site.

2. Select a 10-12-minute segment of your counseling session that best illustrates the concern. Be prepared to share the selected segment with the class on your assigned day. In order to be prepared you will want to take note of the timing of selected segment in relation to the entire session.
3. Complete the Biopsychosocial Assessment Template.
4. Submit a link to the counseling session that contains the selected segment and a completed Biopsychosocial Assessment.
5. Bring the completed Biopsychosocial Assessment to the virtual group supervision meeting and be prepared to discuss the case including an assessment summary, diagnosis, treatment plan, the issues, any legal or ethical considerations, and skills being used with the instructor.
6. Navigate to Zoom for the virtual group supervision session.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion. You are not required to submit this assignment to LopesWrite. *This performance assessment assesses the Key Performance Indicator (KPI) for Research & Program Evaluation. This assignment is informed by the following CACREP Standards: 2.F.3.h. A general framework for understanding differing abilities and strategies for differentiated interventions. 2.F.4.j. Ethical and culturally relevant strategies for addressing career development (KPI). 2.F.5.g. Essential interviewing, counseling, and case conceptualization skills. 2.F.5.h. Developmentally relevant counseling treatment or intervention plans. 2.F.8.b. Identification of evidence-based counseling practices (KPI).*

Attachments

CNL-624-BiopsychosocialAssessmentTemplate.docx

Week 8: Lopes Activity Tracker Hours Verification Form (Individual and Group)

Start Date & Time	Due Date & Time	Points
Oct 2, 2025, 12:00 AM	Oct 8, 2025, 11:59 PM	5

Assessment Description

Complete your Lopes Activity Tracker Weekly Hours.

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Make sure all hours are accurate, once your clinical site supervisor checks and "signs off" on your hours, modification can only be made with the agreements of the clinical site supervisor and the Office of Field Experience.
4. Complete and submit the attached Week 8 Hours Verification Form.

Note: If you have any complications or questions about your account, please locate and contact your specialist using the resources on the College of Humanities and Social Sciences webpage of the Student Success Center. To graduate from the program, students must complete a specific number of practicum hours. Students must also log regular individual supervision, with a minimum of 1 hour of supervision per week. Weekly individual supervision is required. Students must also log regular group supervision, with an average of 1½ hours of supervision per week. Weekly group supervision is required. It is required that students plan on achieving 300 hours in each required practicum course in order to complete the total required practicum hours within the appropriate time frame. Practicum hours will be recorded through the web-based Lopes Activity Tracker application. Students are responsible for recording hours in Lopes Activity Tracker weekly, as well as verifying the hours with a verification form that is submitted to the instructor during Weeks 4, 8, and 12. **The data entered into this document is subject to a verification audit. Counseling interns who engage in fabricating, falsifying, forging, altering, or inventing information related to practicum/field experiences, practicums, clinical practice, and/or any associated documentation may be subject to sanctions for violating GCU academic integrity policies, which may include expulsion from GCU. This assignment is informed by the following CACREP Standard: 2.F.1.m. The role of counseling supervision in the profession.*

Attachments

CNL-624-RS-T3Week8HoursVerificationForm.docx

Week 8: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Oct 2, 2025, 12:00 AM	Oct 8, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Week 8 Participation

Start Date & Time	Due Date & Time	Points
Oct 2, 2025, 12:00 AM	Oct 8, 2025, 11:59 PM	10

Topic 4: Suicide Training, Crisis, and Trauma

Oct 9, 2025 - Oct 22, 2025 Max Points: 50

Objectives:

1. Describe effective suicide prevention models and strategies. [CACREP 2.F.5.I]
2. Analyze the importance of crisis intervention, trauma-informed, and community-based strategies when providing trauma care. [CACREP 2.F.5.m]

Resources

Suicide Prevention Resource Center (REQUIRED)

Explore the "Suicide Prevention Resource Center" webpage on the Substance Abuse and Mental Health Services Administration (SAMHSA) website.

<https://www.samhsa.gov/resource/dbhis/suicide-prevention-resource-center-sprc>

Suicide Prevention (REQUIRED)

Explore the "Suicide Prevention" website from the Centers for Disease Control.

<https://www.cdc.gov/suicide/>

988 Lifeline (REQUIRED)

Explore the 988 Lifeline website.

<https://988lifeline.org/>

Statement on the Integration of Faith and Work (REQUIRED)

Read the "Statement on the Integration of Faith and Work," from Grand Canyon University's One Foundation (2015) in preparation for Week 10 DQ 1.

<https://www.gcu.edu/sites/default/files/media/Documents/Statement-IFLW.pdf>

Assessments

Week 9 DQ 1 (Obj. 4.1)

Start Date & Time	Due Date & Time	Points
Oct 9, 2025, 12:00 AM	Oct 13, 2025, 11:59 PM	5

Assessment Description

Research effective suicide prevention models and strategies. Review your site's protocol for concerns of safety (i.e., suicide or self-harm). Compare your site's suicide protocol with the models and strategies you researched. Given your research, what are the strengths and areas of growth for your site's protocols related to safety? What steps of your site's protocol would be the greatest challenge for you as a counseling intern, and why? *This discussion question is informed by the following CACREP Standard: 2.F.5.I. Suicide prevention models and strategies.*

Week 9: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Oct 9, 2025, 12:00 AM	Oct 15, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 9: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Oct 9, 2025, 12:00 AM	Oct 15, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Week 9 Participation

Start Date & Time	Due Date & Time	Points
Oct 9, 2025, 12:00 AM	Oct 15, 2025, 11:59 PM	10

Week 10 DQ 1 (Obj. 4.2)

Start Date & Time	Due Date & Time	Points
Oct 16, 2025, 12:00 AM	Oct 20, 2025, 11:59 PM	5

Assessment Description

Immediately after a traumatic experience, why is it important to utilize psychological first aid strategies? According to the GCU Statement on the Integration of Faith and Work, "...we are convinced that the Christian worldview offers hope of restoration, not only for individuals, but also for families, communities and societies in which individuals live, work and serve one another." How can you apply this concept when working with someone who just experienced a traumatic experience? *This discussion question is informed by the following CACREP Standard: 2.F.5.m. Crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid.*

Week 10: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Oct 16, 2025, 12:00 AM	Oct 22, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 10: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Oct 16, 2025, 12:00 AM	Oct 22, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Week 10 Participation

Start Date & Time	Due Date & Time	Points
Oct 16, 2025, 12:00 AM	Oct 22, 2025, 11:59 PM	10

Topic 5: Integration of Theories and Case Conceptualizations

Oct 23, 2025 - Nov 5, 2025 Max Points: 455

Objectives:

1. Analyze the integration of theories in a counseling setting. [CACREP 2.F.5.h]
2. Apply theories to a variety of clients and counseling settings. [CACREP 2.F.5.h]
3. Apply entry-level case conceptualization to practicum clients. [CACREP 2.F.5.h]
4. Describe personal and professional self-care practices. [CACREP 2.F.1.]

Resources

Theory and Treatment Planning in Counseling and Psychotherapy (REQUIRED)

Read Chapters 15 and 16 in *Theory and Treatment Planning in Counseling and Psychotherapy*.

Assessments

Week 11 DQ 1 (Obj. 5.1 and 5.2)

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 27, 2025, 11:59 PM	5

Assessment Description

Why would the integration of theories be necessary? What are the limitations of using only one theory? What do you think would be the most difficult theories to integrate? Why? *This discussion question is informed by the following CACREP Standard: 2.F.5.h. Developmentally relevant counseling treatment or intervention plans.*

CNL-624 Counselor-in-Training (CIT) Evaluation of Clinical Site Supervisor

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 29, 2025, 11:59 PM	5

Assessment Description

1. Complete the evaluation form.
2. Upload a copy of the completed and signed evaluation form to the classroom.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Attachments

CNL-624-RS-Counselor in Training (CIT) Evaluation of Clinical Site Supervisor Form-Practicum.docx

Clinical Site Supervisor's Evaluation of Counselor-in-Training (Summative)

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 29, 2025, 11:59 PM	5

Assessment Description

1. Your clinical site supervisor will complete the evaluation form located in Lopes Activity Tracker.
2. The student will upload a copy of the completed and signed evaluation form to the classroom.

This assignment is informed by the following CACREP Standard:

3.C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.

Instructor Evaluation of the Counselor-in-Training (CIT)

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 29, 2025, 11:59 PM	5

Assessment Description

1. Your instructor will complete the CMHC Supervisor Instructor Evaluation Form located in the Thunder Time and send it to the student.
2. The student will upload a copy of the completed and signed evaluation form to the classroom.

This assignment is informed by the following CACREP Standard:

3.C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.

Self-Care Assessment Reflection (Obj. 5.4)

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 29, 2025, 11:59 PM	75

Assessment Description

The self-care assessment tool allows counselors to evaluate their strategies across various domains, physical, psychological, emotional, spiritual, workplace, and balance, to prevent burnout and job dissatisfaction by promoting effective self-care practices. Complete the "Self-Care Assessment Reflection" and post it to the Wellness Plan and Self-Care section under the Professional Development page of your e-Portfolio template.

Using the "CMHC e-Portfolio Link Submission" document, submit the link to your e-Portfolio template.

APA style is not required, but solid academic writing is expected. You are not required to submit this assignment to LopesWrite. This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

This assignment is informed by the following CACREP Standards: 2.F.1.k. Strategies for personal and professional self-evaluation and implications for practice. 2.F.1.l. Self-care strategies appropriate to the counselor role. 2.F.5.h. Developmentally relevant counseling treatment or intervention plans.

Attachments

CNL-624-RS-T5-SelfCareAssessmentReflection.docx
CNL-RS-e-PortfolioLinkSubmission.docx

Week 11: Lopes Activity Tracker Hours (Individual and Group)

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 29, 2025, 11:59 PM	5

Assessment Description

1. Record your weekly direct and indirect hours in Lopes Activity Tracker.
2. Remind your clinical site supervisor that they must review and approve your hours in ThunderTime.
3. Submit a PDF copy of the time log from Lopes Activity Tracker of your current hours.

Week 11: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 29, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Week 11 Participation

Start Date & Time	Due Date & Time	Points
Oct 23, 2025, 12:00 AM	Oct 29, 2025, 11:59 PM	10

Week 12 DQ 1 (Obj. 5.3)

Start Date & Time	Due Date & Time	Points
Oct 30, 2025, 12:00 AM	Nov 3, 2025, 11:59 PM	5

Assessment Description

Given your work with clients thus far, how would you describe your theoretical orientation? How does this influence your counseling philosophy? As a reminder, this relates to one of many aspects of your e-Portfolio, which is due at the end of your final internship. Review the Clinical Mental Health Counseling e-Portfolio Requirements in the Counseling Community Connections site for further guidance.

CNL-624 Practicum Verification of Lopes Activity Tracker Hours

Start Date & Time	Due Date & Time	Points
Oct 30, 2025, 12:00 AM	Nov 5, 2025, 11:59 PM	320

Assessment Description

Review the following requirements:

1. Download a PDF of your time log from Lopes Activity Tracker that verifies you met the minimum field experience hours requirements. All logged hours must be approved.
2. Submit the PDF copy of the time log from Lopes Activity Tracker that verifies your approved hours.
3. In order to pass the course, a student must obtain 100 total hours within the 12 weeks required. Of the 100 total hours, a minimum of 40 hours must be direct client contact. [CACREP 3.F, 3.G]
4. Students must also log weekly individual supervision, with a minimum of 1 hour of individual/triadic supervision. [CACREP 3.H]
5. Students must also log weekly group supervision, with an average of 1½ hours of group supervision. [CACREP 3.I]
6. If the student does not meet the hours requirement at the end of the course, the student will be required to repeat CNL-624 before taking CNL-664A.

Note: If you do not obtain the required 100 total hours within the 12 weeks required, along with the required individual and group supervision hours outlined above, you will receive **0 points for this assignment**. This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion. You are not required to submit this assignment to LopesWrite. **The data entered into this document is subject to a verification audit. Counseling interns who engage in fabricating, falsifying, forging, altering, or inventing information related to practicum/field experiences, clinical practice, and/or any associated documentation may be subject to sanctions for violating GCU academic integrity policies, which may include expulsion from GCU. This assignment is informed by the following CACREP Standards: 2.F.1.m. The role of counseling supervision in the profession. 3.F. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks. 3.G. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills. 3.H. Practicum students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement. 3.I. Practicum students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.*

Attachments

Week 12: Weekly Group Supervision and Consultation Attendance

Start Date & Time	Due Date & Time	Points
Oct 30, 2025, 12:00 AM	Nov 5, 2025, 11:59 PM	5

Assessment Description

Each week you are required to attend a group supervision and consultation via Zoom with your course instructor and the rest of the class. Your instructor will reach out to you regarding the day and time of the weekly sessions. Attendance is mandatory each week; make sure you attend each session and get to the session on time.

This assignment is informed by the following CACREP Standard:

2.F.1.m. The role of counseling supervision in the profession.

Week 12 Participation

Start Date & Time	Due Date & Time	Points
Oct 30, 2025, 12:00 AM	Nov 5, 2025, 11:59 PM	10